

Free/Reduced meal applications are available throughout the year.



CLARKSTON SCHOOL DISTRICT  
Food Service Department

This institution is an equal opportunity provider  
Menu may change as needed



WEEKLY MENU

2 WEEK CYCLE BREAKFAST MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>French Toast Sticks or Cereal</b> Scrambled Eggs w/Cheese Apple juice Syrup Milk Choices (1-2,1-16,1-30)	<b>Pancakes (WG) or Cereal</b> Fruit Syrup Milk Choices	<b>Biscuit w/ Ham &amp; Cheese</b> Fruit Milk Choices	<b>Muffin (WG) or Cereal</b> Egg Omelet Fruit or Juice Milk Choices	<b>Cinnamon Roll (WG)</b> Yogurt Juice Milk Choices
<b>Waffle or Cereal</b> Cheese Stick Fruit Syrup Milk Choices(1-9,1-23)	<b>Breakfast Sandwich</b> Hash browns Juice Milk Choices	<b>Biscuit w/</b> Sausage Gravy or Jelly Fruit Milk Choices	<b>Cooks' Choice</b> Cereal Fresh Fruit Milk Choices	<b>Fruit and Yogurt Parfait</b> (Strawberries, Blueberries and Vanilla Yogurt) Cereal Milk Choices

JANUARY, 2012 - LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>No School</b> 	<b>Hot Dog on a Bun (WG)</b> Baked Beans Tossed Green Salad Fruit Snack Milk Choices	<b>Maui Chicken Sandwich (WG)</b> Buttered Carrots Apple Juice (LMS only) Milk Choices	<b>Macaroni and Cheese</b> Lil' Smokies Green Beans Banana Milk Choices	<b>Super Nachos</b> Cucumber Salad Chilled Pears Salsa/NF Sour Cream Milk Choices
<b>Teriyaki Chicken</b> Rice Pilaf Baby Carrots Chilled Pears Milk Choices	<b>Bean&amp;Cheese Burrito (WG)</b> Tater Rounds Orange Smiles Apple Crisp Milk Choices	<b>Teriyaki Beef Dippers</b> Baked Potato Tossed Green Salad Whole Wheat Roll (WG) Milk Choices	<b>BBQ Turkey Sandwich (WG)</b> Creamy Coleslaw Banana Dried Mixed Fruit Milk Choices	<b>Cooks' Choice</b> Milk Choices
<b>No School</b>	<b>Chicken Nuggets</b> Parmesan Buttered Noodles Seasoned Peas Orange Smiles Milk choices	<b>Cheeseburger (WG)</b> Baked Fries Pickle Chips Fresh Fruit Milk Choices	<b>Spaghetti w/Meat Sauce (WG)</b> Breadstick Tossed Green Salad Chilled Peaches Milk Choices	<b>Cheesy Toast (WG)</b> Tomato Soup Green Beans Apple Milk Choices
<b>Pizza</b> Baby Carrots and Celery Pineapple Tidbits Milk choices	<b>Pancakes (WG)</b> Egg Omelet Juice Strawberry Topping Milk Choices	<b>Chicken Burger (WG)</b> Potato Wedges Lettuce/Tomato Raspberry Peaches Milk Choices	<b>Turkey Gravy &amp; Potatoes</b> Raw Baby Carrots Fruit Cup Whole Wheat Roll (WG) Milk Choices	<b>Homemade Chili</b> Ranch Slaw Mandarin Oranges Cinnamon Roll (WG) Milk Choices
<b>Chicken &amp; Noodles</b> Green Beans Banana Cheddar/Garlic Biscuit Milk Choices	<b>Hot Dog on a Bun (WG)</b> Baked Beans Tossed Green Salad Fruit Snack Milk Choices	Vitamin C helps heal wounds and keeps teeth and gums healthy. Sources include: peppers, kiwi, strawberries, broccoli, oranges, sweet & white potatoes, pineapple.		



**NO SCHOOL JANUARY 2, WINTER BREAK**  
**NO SCHOOL JANUARY 16, MARTIN LUTHER KING DAY**  
**\*\*All Lunches include a fresh fruit and/or vegetable daily**  
**\*\* (WG) indicates it is a whole grain product**  
**\*\*LMS - Deli Sandwich available daily**



**Milk Choices May Include:**  
 1% White, Non-Fat Chocolate,  
 and Non-Fat Strawberry

**FEED YOUR BRAIN!!! EAT BREAKFAST AT SCHOOL FOR A VARIETY OF CHOICES.**